

SAFETY GUIDELINES

The USASF Guidelines and Rules for the 2018-2019 seasons will be followed for All Star, All Star Prep, All Star Dance and all REC Teams. College teams will follow AACCA safety regulations. Teams are encouraged to perform skills at their ability level. It is the coach's responsibility to know the limitations of their team and the restrictions of the division they have entered. Coaches should check policy guidelines regularly for clarifications and rule changes. The USASF guidelines may be downloaded at <u>www.usasf.net</u>. AACCA safety regulations may be found at <u>www.aacca.org</u>.

GENERAL INFORMATION

- 1. All Star, All Star Prep and All Star Dance participants must be USASF member athletes.
- 2. College Team members must be officially registered with the school they are competing with.
- 3. All participants must submit a signed participant release and sportsmanship code.
- 4. All Star, All Star Prep and All Star Dance participants must meet the age eligibility per the USASF age grid.
- 5. Team rosters MUST be completed as part of your registration. Every All Star team should use the online USASF roster. Falsification of rosters will require a non-compliance form be sent to the appropriate governing body and will result in forfeiture of awards, cash prizes, etc.
- 6. Roster changes warrant a NEW ROSTER. Please DO NOT email name changes to NECA. Rosters must be accurate and up to date for the day of the event. We suggest All Star programs verify and PRINT a final roster the day before the event to ensure accuracy.
- 7. Teams must report to their scheduled warm-up time approximately 10 minutes early to check in.
- 8. Competing participants and coaches with **Green Light Status** will be the only ones allowed in the warm-up area, other than NECA Staff running the competition.
- 9. The order of appearance will be available online the Thursday prior to the event at www.cheerNECA.com
- 10. A draft of the order of appearance will be e-mailed to coaches/owners the Wednesday prior to the event.

DIVISIONS

- 1. All USASF All Star Cheer & Dance
- 2. All USASF All Star Prep Cheer & Dance
- 3. Competitive Recreational (youth, church, non-profit) Cheer & Dance
- 4. College All-Girl and College Co-Ed Cheer & Dance

ALL STAR PREP CHEER & DANCE

An All Star Prep team is defined by NECA as a team composed of members, belonging to an All Star gym, who do not cheer/dance a "traditional" or "full year" season. Some gyms call them ½ year teams. The goal of this division is to provide for increased opportunities to be introduced to the sport and to "experience All Star with limited commitment and exposure". Routine length for All Star Prep Cheer will be 2 minutes and basket tosses will not be allowed as per the USASF. All Star Prep participants may not crossover to traditional all-star teams or vice versa.

COMPETITIVE RECREATIONAL – "REC"

Competitive Recreational or "REC" Teams that do not fall under the category/definition of All Star Prep are invited to attend. These teams are "club type" by nature and their members do not belong to an All Star gym. They may be part of a youth organization, church group, or non-profit club. Competitive REC Teams must adhere to the safety standards of USASF, or those that are more restrictive as per their bi-laws. They must register for the USASF Division that best suits their team age & skill level. Please contact NECA for assistance in placing your team in the appropriate division.



COACHES INFORMATION CENTER

The coach's information center will be the base for team registration, score sheet pick up and questions or concerns. Please bring all questions regarding score sheets, legalities, and event procedures to the coaches' information center so that we may locate the appropriate event official to assist you.

SPORTSMANSHIP & IMAGE

NECA believes strongly in the importance of good sportsmanship and promoting a positive image for our sport. We expect participants, coaches, parents, and/or spectators to treat each other in the highest regard and for teams to follow the USASF image policy. Gym owners and participants will need to sign off on the NECA Sportsmanship Code prior to the event. The following rules will be in effect from the time each individual enters the facility until the time that they leave.

- 1. Coaches are responsible for the behavior of their teams and for promoting a positive image.
- 2. Participants, coaches, parents, and/or spectators are to display sportsmanlike behavior at all times.
- 3. Penalty, disqualification, and/or dissolution of all prizes may be assessed for any/all of the following "unsportsmanlike" behavior which may include but is not limited to the following:
 - a. Flagrant disregard for other participants, judges, event staff, coaches, or spectators.
 - b. Refusal to follow instructions of event staff and/or site personnel.
 - c. The use of profanity or obscene gestures (either on or off the competition surface).
 - d. Chanting or shouting negative remarks at other teams, cheerleaders, staff, and/or spectators.

PARTICIPANT ELIGIBILITY POLICY

USASF membership is required for all star athletes at this event. A roster MUST BE SUBMITTED for every team registered. The official USASF roster should be submitted for All Star Teams. All other teams may use the NECA roster form which is located in the event registration packet. Please fill out the information completely and accurately. Falsification of participant information on team rosters will be subject to scrutiny and appropriate action by the USASF or the College/University.

CROSSOVERS

The crossover fee for this event is \$35 per participant. Programs must follow the USASF rules with regard to crossovers. Participants may compete on up to 3 teams as long as they match the age level requirements on those teams. NECA will make every effort to accommodate your program's crossovers however we cannot guarantee the time in between performance and their next warm-up. Please be sure to indicate your crossover athletes on your team rosters and be sure they meet the appropriate age requirements for each team they are competing on.

PERFORMANCE & WARM-UP SURFACE

All Star Teams (cheer & dance) will compete on a standard 54' X 42' Spring Floor. College teams will compete on a 54' x 42' non-spring floor. A 54' X 42' carpet bonded foam warm-up floor will be provided for warm-ups. A separate spring tumbling strip will be provided for tumbling warm-up. There will be 3-4 stations with 4 minutes per station. The safety of all participants is our main concern therefore practicing stunts, pyramids, tosses, jumps or tumbling is prohibited outside the warm-up area.

SPOTTERS

NECA will allow teams to use *additional* "routine spotters" from their gym. "Routine Spotters" are spotters who are not part of the routine but have intimate knowledge of the routine being performed. They exist solely for the purpose of spotting an "errant skill". "Routine Spotters" may not take part in the routine choreography or be involved in stunting. A maximum of 4 additional "routine spotters" are allowed. They must follow safety guidelines with regard to apparel/dress and should wear clothing that is not distracting.



INTERRUPTION OF PERFORMANCE (DUE TO INJURY)

The head judge, medical staff or arena supervisor have the right to stop a performance due to perceived injury. If the routine has been stopped for the purpose of an injury the team will have 15 minutes to report back to the warm-up area where they will be given the opportunity to rotate one more time through the warm-up stations. The team will then have the option of performing their routine again. The routine must be performed "full out" from the beginning. Judging will resume from the point at which the injury/interruption occurred as determined by the head judge. All point deductions accumulated to that point will carry over from the 1st performance. If the team decides not to perform a second time, their score will be taken as is, and any skills not performed will result in a "0" for those categories.

TIMING & ROUTINE FORMAT

- 1. All Star/Rec Cheer and Dance teams will have a maximum of 2 minutes and 30 seconds to compete.
- 2. All Star Prep teams will have a maximum of <u>**2 minutes**</u> to compete.
- 3. College and REC Cheer and Dance Teams will have a maximum of 2 minutes and 30 seconds to compete.
- 4. Timing will start with the first organized movement, voice, or beat of music.
- 5. Teams should not perform any skills, chants, etc. upon entering or exiting the mat, or their timing will start then.
- 6. Routines must be suitable for "family viewing". Crude/vulgar movements/music will result in a .2 deduction at the discretion of the head judge.

MUSIC

- 1. All music must be properly licensed per U.S. Copyright Laws. By registering your team to compete with NECA, you are also agreeing to these terms, and will be able to provide proof of licensing paperwork if asked to do so. More information on proper music licensing can be found at <u>www.USACheer.net</u>.
- 2. All music must be appropriate and suitable for "family viewing".
- 3. One coach or gym owner must be present at the music station. This representative must make their way to the music station ONE TEAM PRIOR to their teams' performance to help ensure the competition stays on schedule. This person is responsible for starting/stopping the music and MUST REMAIN in the music area throughout the performance.
- 4. Music must be furnished on a high quality CD designed specifically for music.
- 5. A "back up" CD must be in the music area at the start of the routine in case of malfunction.
- 6. Use of portable devices such as I pod, I phone, I pad may be used however any notification interruption by said device (call, text, voicemail alerts) will NOT be considered a technical malfunction.
- 7. In the event a technical malfunction is determined as having interrupted a teams' performance, the head judge will discuss the interruption with the team coach and determine if the routine may be repeated.
- 8. If it is decided that the team will repeat the performance they must perform it "full out" from the beginning. Judging will resume from the point at which the performance was interrupted as determined by the head judge. All point deductions and rule infraction deductions will carry over from the 1st performance to the point of interruption.

JUDGING & SCORING

- 1. NECA will use the NECA UNIFIED SCORE SHEET for this event.
- 2. Panel judges will score each performance using the "scoring grid" to determine the appropriate range.
- 3. Point Deduction/Legality judges will assess each performance from beginning to end.
- 4. A head judge will oversee the panel and the point deduction/legality judges.
- 5. Decisions of the head judge are final and may not be changed once placements are announced.
- 6. In the event of a tie, teams will share placement and will split the cash award.
- 7. Coaches should not approach the judges table under any circumstance. We DO NOT have range score verification at our event.
- 8. Score sheets will be available at the coach's information center after each awards ceremony.

TEAM MEETING AREA-PARENT DROP OFF

- 1. The entrance for all patrons & participants is through the main lobby.
- 2. There is a designated **TEAM MEETING AREA** for all teams. Special credentials are required for access to the TEAM MEETING areas. Cheerleaders, Coaches, & Gym owners are the only people allowed access. We thank you for your full cooperation in helping us keep your athletes safe.
- 3. **PARENTS NOTE:** please inform parents to obtain an admission bracelet for themselves prior to escorting young children to the team meeting area. Young children should be escorted by an adult/parent/coach at all times.



CASH AWARDS & PRIZES THE BEST IN NEW ENGLAND JUST GOT BETTER! NECA will GIVE BACK CASH AWARDS to the top teams at this event!

Ten teams will receive NECA CUSTOMIZED CHAMPIONSHIP JACKETS!!!!! Two teams will receive NECA CUSTOMIZED LEATHER BELTS!!!!!

NEW FOR 2019 – TOP GYM GOLD CUP



Top All-Star Gym 2019

Top 6 High Scores in All-Star Levels 1-6 will receive points towards the Gold Cup. Ex: Level 1st Highest Score – 6 points Level 2nd Highest Score – 5 points Level 3rd Highest Score – 4 points Level 4th Highest Score – 3 points Level 5th Highest Score – 2 points Level 6th Highest Score – 1 point

ALL STAR LEVELS AWARDED	1 ST PLACE AWARD	2 ND PLACE AWARD	3 rD PLACE AWARD
LEVEL 1 CHAMPS	\$3,000.00	\$500.00	\$250.00
LEVEL 2 CHAMPS	\$3,000.00	\$500.00	\$250.00
LEVEL 3 CHAMPS	\$3,000.00	\$500.00	\$250.00
LEVEL 4 CHAMPS (4.2 & 4 combined)	\$4,000.00	\$500.00	\$250.00
LEVEL 5 CHAMPS (5R & 5 combined)	\$5 <i>,</i> 000.00	\$500.00	\$250.00
LEVEL 6 CHAMPS	\$1,000.00	\$500.00	\$250.00

ALL STAR PREP LEVELS AWARDED	1 st PLACE AWARD	2 ND PLACE AWARD	TOP GYMS	1 st PLACE AWARD	Customized NECA Champion BELTS
LEVEL 1 CHAMPS	\$750.00	\$250.00	Top Large Gym	\$2,000.00	
LEVEL 2 CHAMPS	\$750.00	\$250.00			V
LEVEL 3 CHAMPS	\$750.00	\$250.00	Top Small Gym	\$1,000.00	\checkmark



CASH AWARDS & PRIZES

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OVER \$75,000 IN CASH AWARDS, PRIZES & CAMP SCHOLARSHIPS!

AWARDS FOR EVERYONE

- 1. CASH AWARDS will be distributed for $1^{st} 2^{nd} \& 3^{rd}$ place All-Star LEVEL CHAMPS (1-6)
- 2. CASH AWARDS will be distributed for 1st & 2nd place All-Star Prep LEVEL CHAMPS (1-3)
- 3. ALL STAR & ALL STAR PREP LEVEL CHAMPS & TOP SCORING ALL STAR DANCE TEAM will receive CHAMPIONSHIP JACKETS!
- 4. Both Large and Small Top Gyms will receive NECA customized CHAMPIONSHIP BELTS.
- 5. ALL TEAMS will receive an official NECA customized plaques.
- 6. FIRST, SECOND, & THIRD PLACE TEAMS receive a \$500 camp scholarship for NECA Camps.
- 7. In the event of a tie teams will share the placement.
- 8. Traveling Silver Cup will be awarded to the Top Scoring Collegiate Team.
- 9. Teams should remain in full uniform for the awards ceremony.

DETERMINATION OF TOP CASH PRIZES

- 1. In order to be eligible for the NECA Program Cash Prizes, an organization MUST bring at least 80% of their program.
- 2. Level Cash Prizes will be awarded to each level (All Star Levels 1-6 and All Star Prep Levels 1-3) based on the highest team percentage for that level. In the event of a tie, teams will share placement and will split cash award.
- 3. Top Gym Cash Awards will be determined by taking the organizations top team scores and taking the average. In the event of a tie, teams will split the award.
- 4. All Star Prep, Exhibition Teams, Special Needs Teams and Dance Teams MAY NOT be included in the percentage. The program must be paid in full to be considered for these awards.