

CONNECTICUT ASSOCIATION OF SCHOOLS CHEERLEADING SCORE SHEET

Team _____

Number of Cheerleaders _____

Judge Number _____

Division _____

Judge 1 & 5

JUMPS DIFFICULTY (* See Appendix A)		
/5	0	• No Jumps
	0.1 - 0.4	• Majority of basic jumps only
	0.5 - .09	• Most Basic jumps only
	1.0 - 1.4	• Majority Advanced jumps, not connected
	1.5 - 1.9	• Most advanced jumps, not connected
	2.0 - 2.4	• Majority two advanced jumps, connected
	2.5 - 2.9	• Most two advanced jumps connected
	3.0 - 3.4	• Majority three advanced jumps, connected
	3.5 - 3.9	• Most three advanced jumps, connected
	4.0 - 4.4	• Most four advanced jumps, three connected
4.5 - 5.0	• Most four advanced jumps, four connected	
Basic Jumps : Tucks, Eagles Advanced Jumps: Toe Touch, Hurdler, Herkie & Pike Exceptional Jumps: Double Nine, Around the World		

JUMPS EXECUTION		
/2.5	0.0 - 0.4	• Poor technique/zero jumps/no Jumps performed in unison/timing completely off
	0.5 - .9	• Below average synchronization/timing off in most jumps
	1.0 - 1.4	• Average synchronization/timing in majority of jumps
	1.5 - 1.9	• Above average synchronization/timing in majority of jumps
	2.0 - 2.5	• Superior synchronization/timing in most/all jumps

JUMPS TECHNIQUE (* See Appendix B)		
/2.5	0.0 - 0.4	• Poor technique
	0.5 - .9	• Below average technique
	1.0 - 1.4	• Average technique
	1.5 - 1.9	• Above average technique
	2.0 - 2.5	• Superior technique

DANCE		
/5	0	• No Dance
	0.1 - 1.9	• Below average energy, musicality, rhythm, and pace of music ("and" counts) • Minimal to no transitional elements and level changes • Minimal variety of movement and use of footwork, floor work, visual effects, etc. • Basic dance choreography and/or creativity
	2.0 - 3.9	• Average energy, musicality, rhythm, and pace of music ("and" counts) • Some advanced transitional elements and level changes • Some variety of movement and use of footwork, floor work, visual effects, etc. • Average dance choreography and/or creativity
	4.0 - 5.0	• High energy, musicality, rhythm, and pace of music ("and" counts) • Multiple advanced transitional elements and level changes • Superior variety of movement and use of footwork, floor work, visual effects, etc. • Superior dance choreography and/or creativity

MAJORITY / MOST TABLE						
#OF ATHLETES	MAJORITY	MOST	#OF ATHLETES	MAJORITY	MOST	
9	5	7	15	8	11	
10	6	8	16	9	12	
11	6	8	17	9	12	
12	7	9	18	10	13	
13	7	10	19	10	14	
14	8	11	20	11	15	

CHOREOGRAPHY OF ENTIRE ROUTINE		
/5	0.1 - 1.9	• Little to no visual elements • Flow & construction of routine off at times • Minimal incorporation of skills
	2.0 - 3.9	• Some visual elements • Average flow & construction of routine • Average incorporation of skills
Max = 5	4.0 - 5.0	• Superior visual elements • Superior flow & construction of routine • Superior incorporation of skills

DANCE TECHNIQUE		
/5	0.1 - 1.9	• Below average quality of movement- poor placement • Below average timing & synchronization
	2.0 - 3.9	• Average quality of movement- average placement and/or control • Average timing & synchronization
Max = 5	4.0 - 5.0	• Superior quality of movement- excellent placement and/or control • Superior timing & synchronization

TOTAL SCORE	
/25	

* See Reference Sheet